1	AN ACT relating to prior authorization.
2	Be it enacted by the General Assembly of the Commonwealth of Kentucky:
3	→ SECTION 1. A NEW SECTION OF SUBTITLE 17A OF KRS CHAPTER 304
4	IS CREATED TO READ AS FOLLOWS:
5	(1) On or before the effective date of this Act, an insurer offering a health benefit
6	plan shall develop a process for electronically requesting and transmitting prior
7	authorization for a drug by providers. The process shall be accessible by
8	providers and meet the most recent National Council for Prescription Drug
9	Programs SCRIPT standards for electronic prior authorization transactions
10	adopted by the United States Department of Health and Human Services.
11	Facsimile, proprietary payer portals, and electronic forms shall not be considered
12	electronic transmission.
13	(2) Unless otherwise prohibited by state or federal law, if a provider receives a prior
14	authorization for a drug prescribed to a covered person with a condition that
15	requires ongoing medication therapy, and the provider continues to prescribe the
16	drug, and the drug has not been deemed unsafe by the United States Food and
17	Drug Administration, or withdrawn by the manufacturer or the United States
18	Food and Drug Administration, the prior authorization received shall:
19	(a) Be valid for the lesser of:
20	1. One (1) year from the date the provider receives the prior
21	authorization; or
22	2. Until the last day of coverage under the covered person's health
23	benefit plan during a single plan year; and
24	(b) Cover any change in dosage prescribed by the provider during the period of
25	authorization.
26	→ Section 2. KRS 205.522 is amended to read as follows:
27	The Department for Medicaid Services and any managed care organization contracted

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1	to provide[a managed care organization that provides] Medicaid benefits pursuant to this				
2	chap	chapter shall comply with the provisions of KRS 304.17A-235, 304.17A-515, [and]			
3	304.	17A-740 to 304.17A-743, Section 1 and Sections 6, 7, 8 and 9 of this Act.			
4		→ Section 3. KRS 217.211 is amended to read as follows:			
5	(1)	Electronic prescribing of a drug or device under this chapter shall not interfere with			
6		a patient's freedom to select a pharmacy.			
7	(2)	Electronic prescribing software used by a practitioner to prescribe a drug or device			
8		under this chapter may include clinical messaging and messages in pop-up windows			
9		directed to the practitioner regarding a particular drug or device that supports the			
10		practitioner's clinical decision making.			
11	(3)	Drug information contained in electronic prescribing software to prescribe a drug or			
12		device under this chapter shall be consistent with Food and Drug Administration-			
13		approved information regarding a particular drug or device.			
14	(4)	(a) Electronic prescribing software used by a practitioner to prescribe a drug or			
15		device under this chapter may show information regarding a payor's			
16		formulary, copayments, or benefit plan, provided that nothing in the software			
17		is designed to preclude a practitioner from selecting any particular pharmacy			
18		or drug or device.			
19		(b) If electronic prescribing software does show information regarding a			
20		payor's formulary, payments, or benefit plan under paragraph (a) of this			
21		subsection, the information shall be updated at least quarterly to ensure its			
22		accuracy.			
23	(5)	[Within twenty-four (24) months of the National Council for Prescription Drug			
24		Programs developing and making available national standards for electronic prior			
25		authorization,]Each governmental unit of the Commonwealth promulgating			
26		administrative regulations relating to electronic prescribing shall include in the			

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regulations[shall consider such electronic prescribing and] electronic prior

1		authorization standards meeting the requirements of Section 1 of this Act in its
2		implementation of health information technology improvements as required by the
3		Medicare Prescription Drug, Improvement, and Modernization Act of 2003 and the
4		Health Information Technology for Economic and Clinical Health Act, enacted as
5		part of the American Recovery and Reinvestment Act of 2009.
6		→ Section 4. KRS 218A.171 is amended to read as follows:
7	(1)	Electronic prescribing of a controlled substance under this chapter shall not interfere
8		with a patient's freedom to select a pharmacy.
9	(2)	Electronic prescribing software used by a practitioner to prescribe a controlled
10		substance under this chapter may include clinical messaging and messages in pop-
11		up windows directed to the practitioner regarding a particular controlled substance
12		that supports the practitioner's clinical decision making.
13	(3)	Drug information contained in electronic prescribing software to prescribe a
14		controlled substance under this chapter shall be consistent with Food and Drug
15		Administration-approved information regarding a particular controlled substance.
16	(4)	(a) Electronic prescribing software used by a practitioner to prescribe a controlled
17		substance under this chapter may show information regarding a payor's
18		formulary, copayments, or benefit plan, provided that nothing in the software
19		is designed to preclude a practitioner from selecting any particular pharmacy
20		or controlled substance.
21		(b) If electronic prescribing software does show information regarding a
22		payor's formulary, payments, or benefit plan under paragraph (a) of this
23		subsection, the information shall be updated at least quarterly to ensure its
24		<u>accuracy.</u>
25	(5)	[Within twenty-four (24) months of the National Council for Prescription Drug
26		Programs developing and making available national standards for electronic prior
27		authorization,]Each governmental unit of the Commonwealth promulgating

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1		administrative regulations relating to electronic prescribing shall include in the						
2	<u>regulations</u> [shall consider such electronic prescribing and] electronic prior							
3	authorization standards meeting the requirements of Section 1 of this Act in its							
4		implementation of health information technology improvements as required by the						
5		Medicare Prescription Drug, Improvement, and Modernization Act of 2003 and the						
6		Health Information Technology for Economic and Clinical Health Act, enacted as						
7		part of the American Recovery and Reinvestment Act of 2009.						
8		→ Section 5. KRS 304.17A-005 (Effective July 1, 2019) is amended to read as						
9	follo	ows:						
10	As u	ised in this subtitle, unless the context requires otherwise:						
11	(1)	"Association" means an entity, other than an employer-organized association, that						
12		has been organized and is maintained in good faith for purposes other than that of						
13		obtaining insurance for its members and that has a constitution and bylaws;						
14	(2)	"At the time of enrollment" means:						
15		(a) At the time of application for an individual, an association that actively						
16		markets to individual members, and an employer-organized association that						
17		actively markets to individual members; and						
18		(b) During the time of open enrollment or during an insured's initial or special						
19		enrollment periods for group health insurance;						
20	(3)	"Base premium rate" means, for each class of business as to a rating period, the						
21		lowest premium rate charged or that could have been charged under the rating						
22		system for that class of business by the insurer to the individual or small group, or						
23		employer as defined in KRS 304.17A-0954, with similar case characteristics for						

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"Basic health benefit plan" means any plan offered to an individual, a small group,

or employer-organized association that limits coverage to physician, pharmacy,

home health, preventive, emergency, and inpatient and outpatient hospital services

health benefit plans with the same or similar coverage;

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(4)

1		in a	ccord	ance with the requirements of this subtitle. If vision or eye services are			
2		offe	offered, these services may be provided by an ophthalmologist or optometrist.				
3		Chir	oprac	tic benefits may be offered by providers licensed pursuant to KRS			
4		Cha	pter 3	12;			
5	(5)	"Bo	na fic	de association" means an entity as defined in 42 U.S.C. sec. 300gg-			
6		91(0	1)(3);				
7	(6)	"Ch	urch p	plan" means a church plan as defined in 29 U.S.C. sec. 1002(33);			
8	(7)	"CO	BRA	" means any of the following:			
9		(a)	26 U	U.S.C. sec. 4980B other than subsection (f)(1) as it relates to pediatric			
10			vacc	zines;			
11		(b)	The	Employee Retirement Income Security Act of 1974 (29 U.S.C. sec. 1161			
12			et se	eq. other than sec. 1169); or			
13		(c)	42 U	J.S.C. sec. 300bb;			
14	(8)	[(a)] "Cr	reditable coverage":			
15		<u>(a)</u>	Mea	ans, with respect to an individual, coverage of the individual under any of			
16			the f	following:			
17			1.	A group health plan;			
18			2.	Health insurance coverage;			
19			3.	Part A or Part B of Title XVIII of the Social Security Act;			
20			4.	Title XIX of the Social Security Act, other than coverage consisting			
21				solely of benefits under section 1928;			
22			5.	Chapter 55 of Title 10, United States Code, including medical and dental			
23				care for members and certain former members of the uniformed services,			
24				and for their dependents; for purposes of Chapter 55 of Title 10, United			
25				States Code, "uniformed services" means the Armed Forces and the			
26				Commissioned Corps of the National Oceanic and Atmospheric			

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Administration and of the Public Health Service;

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1			6.	A medical care program of the Indian Health Service or of a tribal
2				organization;
3			7.	A state health benefits risk pool;
4			8.	A health plan offered under Chapter 89 of Title 5, United States Code,
5				such as the Federal Employees Health Benefit Program;
6			9.	A public health plan as established or maintained by a state, the United
7				States government, a foreign country, or any political subdivision of a
8				state, the United States government, or a foreign country that provides
9				health coverage to individuals who are enrolled in the plan;
10			10.	A health benefit plan under section 5(e) of the Peace Corps Act (22
11				U.S.C. sec. 2504(e)); or
12			11.	Title XXI of the Social Security Act, such as the State Children's Health
13				Insurance Program; and [.]
14		(b)	[Thi	s term]Does not include coverage consisting solely of coverage of
15			exce	pted benefits as defined in [subsection (14) of] this section;
16	(9)	"Dep	pende	nt" means any individual who is or may become eligible for coverage
17		unde	er the	terms of an individual or group health benefit plan because of a
18		relat	ionshi	p to a participant;
19	(10)	"Em	ploye	e benefit plan" means an employee welfare benefit plan or an employee
20		pens	ion be	enefit plan or a plan which is both an employee welfare benefit plan and
21		an ei	mploy	ee pension benefit plan as defined by ERISA;
22	(11)	"Elig	gible i	ndividual" means an individual:
23		(a)	For	whom, as of the date on which the individual seeks coverage, the
24			aggr	egate of the periods of creditable coverage is eighteen (18) or more
25			mon	ths and whose most recent prior creditable coverage was under a group
26			healt	th plan, governmental plan, or church plan. A period of creditable

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coverage under this paragraph shall not be counted if, after that period, there

1			was a sixty-three (63) day period of time, excluding any waiting or affiliation
2			period, during all of which the individual was not covered under any
3			creditable coverage;
4	((b)	Who is not eligible for coverage under a group health plan, Part A or Part B of
5			Title XVIII of the Social Security Act (42 U.S.C. secs. 1395j et seq.), or a
6			state plan under Title XIX of the Social Security Act (42 U.S.C. secs. 1396 et
7			seq.) and does not have other health insurance coverage;
8	((c)	With respect to whom the most recent coverage within the coverage period
9			described in paragraph (a) of this subsection was not terminated based on a
10			factor described in KRS 304.17A-240(2)(a), (b), and (c);
11	((d)	If the individual had been offered the option of continuation coverage under a
12			COBRA continuation provision or under KRS 304.18-110, who elected the
13			coverage; and
14	((e)	Who, if the individual elected the continuation coverage, has exhausted the
15			continuation coverage under the provision or program;
16	(12)	"Emp	ployer-organized association" means any of the following:
17	((a)	Any entity that was qualified by the commissioner as an eligible association
18			prior to April 10, 1998, and that has actively marketed a health insurance
19			program to its members since September 8, 1996, and which is not insurer-
20			controlled;
21	((b)	Any entity organized under KRS 247.240 to 247.370 that has actively
22			marketed health insurance to its members and that is not insurer-controlled; or
23	((c)	Any entity that is a bona fide association as defined in 42 U.S.C. sec. 300gg-
24			91(d)(3), whose members consist principally of employers, and for which the
25			entity's health insurance decisions are made by a board or committee, the
26			majority of which are representatives of employer members of the entity who
27			obtain group health insurance coverage through the entity or through a trust or

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1			other mechanism established by the entity, and whose health insurance
2			decisions are reflected in written minutes or other written documentation.
3		Exc	ept as provided in KRS 304.17A-200[, 304.17A.210,] and 304.17A-220, and
4		exce	ept as otherwise provided by the definition of "large group" contained in
5		subs	ection (30) of] this section, an employer-organized association shall not be
6		treat	ed as an association, small group, or large group under this subtitle, provided
7		that	an employer-organized association that is a bona fide association as defined in
8		subs	ection (5) of] this section shall be treated as a large group under this subtitle;
9	(13)	"Em	ployer-organized association health insurance plan" means any health insurance
10		plan	, policy, or contract issued to an employer-organized association, or to a trust
11		estal	blished by one (1) or more employer-organized associations, or providing
12		cove	erage solely for the employees, retired employees, directors and their spouses
13		and	dependents of the members of one (1) or more employer-organized
14		asso	ciations;
15	(14)	"Exc	cepted benefits" means benefits under one (1) or more, or any combination
16		there	eof,] of the following:
17		(a)	Coverage only for accident, including accidental death and dismemberment,
18			or disability income insurance, or any combination thereof;
19		(b)	Coverage issued as a supplement to liability insurance;
20		(c)	Liability insurance, including general liability insurance and automobile
21			liability insurance;
22		(d)	Workers' compensation or similar insurance;
23		(e)	Automobile medical payment insurance;
24		(f)	Credit-only insurance;
25		(g)	Coverage for on-site medical clinics;
26		(h)	Other similar insurance coverage, specified in administrative regulations,
27			under which benefits for medical care are secondary or incidental to other

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1			insurance benefits;
2		(i)	Limited scope dental or vision benefits;
3		(j)	Benefits for long-term care, nursing home care, home health care, community-
4			based care, or any combination thereof;
5		(k)	Such other similar, limited benefits as are specified in administrative
6			regulations;
7		(l)	Coverage only for a specified disease or illness;
8		(m)	Hospital indemnity or other fixed indemnity insurance;
9		(n)	Benefits offered as Medicare supplemental health insurance, as defined under
10			section 1882(g)(1) of the Social Security Act;
11		(o)	Coverage supplemental to the coverage provided under Chapter 55 of Title 10,
12			United States Code;
13		(p)	Coverage similar to that in paragraphs (n) and (o) of this subsection that is
14			supplemental to coverage under a group health plan; and
15		(q)	Health flexible spending arrangements;
16	(15)	"Gov	vernmental plan" means a governmental plan as defined in 29 U.S.C. sec.
17		1002	2(32);
18	(16)	"Gro	oup health plan" means a plan, including a self-insured plan, of or contributed to
19		by a	n employer, including a self-employed person, or employee organization, to
20		prov	ide health care directly or otherwise to the employees, former employees, the
21		empl	loyer, or others associated or formerly associated with the employer in a
22		busii	ness relationship, or their families;
23	(17)	"Gua	aranteed acceptance program participating insurer" means an insurer that is
24		requ	ired to or has agreed to offer health benefit plans in the individual market to
25		guar	anteed acceptance program qualified individuals under KRS 304.17A-400 to
26		304.	17A-480;

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(18) "Guaranteed acceptance program plan" means a health benefit plan in the individual

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1		mark	market issued by an insurer that provides health benefits to a guaranteed acceptance					
2		prog	program qualified individual and is eligible for assessment and refunds under the					
3		guar	guaranteed acceptance program under KRS 304.17A-400 to 304.17A-480;					
4	(19)	"Gua	arante	ed acceptance program" means the Kentucky Guaranteed Acceptance				
5		Prog	gram e	stablished and operated under KRS 304.17A-400 to 304.17A-480;				
6	(20)	"Gua	arante	ed acceptance program qualified individual" means an individual who, on				
7		or be	efore I	December 31, 2000:				
8		(a)	Is no	t an eligible individual;				
9		(b)	Is no	at eligible for or covered by other health benefit plan coverage or who is a				
10			spou	se or a dependent of an individual who:				
11			1.	Waived coverage under KRS 304.17A-210(2); or				
12			2.	Did not elect family coverage that was available through the association				
13				or group market;				
14		(c)	With	in the previous three (3) years has been diagnosed with or treated for a				
15			high	-cost condition or has had benefits paid under a health benefit plan for a				
16			high	-cost condition, or is a high risk individual as defined by the underwriting				
17			criteria applied by an insurer under the alternative underwriting mechanism					
18			estab	olished in KRS 304.17A-430(3);				
19		(d)	Has	been a resident of Kentucky for at least twelve (12) months immediately				
20			prece	eding the effective date of the policy; and				
21		(e)	Has	not had his or her most recent coverage under any health benefit plan				
22			term	inated or nonrenewed because of any of the following:				
23			1.	The individual failed to pay premiums or contributions in accordance				
24				with the terms of the plan or the insurer had not received timely				
25				premium payments;				
26			2.	The individual performed an act or practice that constitutes fraud or				
27				made an intentional misrepresentation of material fact under the terms of				

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1				the coverage; or
2			3.	The individual engaged in intentional and abusive noncompliance with
3				health benefit plan provisions;
4	(21)	"Gu	arante	eed acceptance plan supporting insurer" means either an insurer, on or
5		befo	re De	ecember 31, 2000, that is not a guaranteed acceptance plan participating
6		insu	rer oı	r is a stop loss carrier, on or before December 31, 2000, provided that a
7		guar	antee	d acceptance plan supporting insurer shall not include an employer-
8		spor	sorec	d self-insured health benefit plan exempted by ERISA;
9	(22)	"He	alth b	enefit plan" <u>:</u>
10		<u>(a)</u>	Mea	ans any <u>:</u>
11			<u>1.</u>	Hospital or medical expense policy or certificate;
12			<u>2.</u>	Nonprofit hospital, medical-surgical, and health service corporation
13				contract or certificate;
14			<u>3.</u>	Provider sponsored integrated health delivery network;
15			<u>4.</u>	[A]Self-insured plan or a plan provided by a multiple employer welfare
16				arrangement, to the extent permitted by ERISA;
17			<u>5.</u>	Health maintenance organization contract, except contracts to provide
18				Medicaid benefits under KRS Chapter 205; or
19			<u>6.</u>	[Any] Health benefit plan that affects the rights of a Kentucky insured
20				and bears a reasonable relation to Kentucky, whether delivered or issued
21				for delivery in Kentucky; [,] and
22		<u>(b)</u>	Doe	es not include <u>:</u>
23			<u>1.</u>	Policies covering only accident, credit, dental, disability income, fixed
24				indemnity medical expense reimbursement[policy], long-term care,
25				Medicare supplement, specified disease, <u>or</u> vision care:[,]
26			<u>2.</u>	Coverage issued as a supplement to liability insurance: [,]
27			<u>3.</u>	Insurance arising out of a workers' compensation or similar law:

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1	<u>4.</u>	Automobile medical-payment insurance:[,]
2	<u>5.</u>	Insurance under which benefits are payable with or without regard to
3		fault and that is statutorily required to be contained in any liability
4		insurance policy or equivalent self-insurance;[,]
5	<u>6.</u>	Short-term coverage: [,]
6	<u>7.</u>	Student health insurance offered by a Kentucky-licensed insurer under
7		written contract with a university or college whose students it proposes
8		to insure;[,]
9	<u>8.</u>	Medical expense reimbursement policies specifically designed to fill
10		gaps in primary coverage, coinsurance, or deductibles and provided
11		under a separate policy, certificate, or contract; [, or]
12	<u>9.</u>	Coverage supplemental to the coverage provided under Chapter 55 of
13		Title 10, United States Code; [, or]
14	<u>10.</u>	Limited health service benefit plans: [, or]
15	<u>11.</u>	Direct primary care agreements established under KRS 311.6201,
16		311.6202, 314.198, and 314.199; <u>or</u>
17	<u>12.</u>	Coverage provided under KRS Chapter 205;
18	(23) "Health ca	are provider" or "provider" means any [facility or service required to be
19	licensed p	ursuant to KRS Chapter 216B, a pharmacist as defined pursuant to KRS
20	Chapter 3	15, or home medical equipment and services provider as defined pursuant
21	to KRS 30	99.402, and any of the following independent practicing practitioners]:
22	(a) <u>Adva</u>	unced practice registered nurse licensed under KRS Chapter
23	<u>314</u> [Physicians, osteopaths, and podiatrists licensed under KRS Chapter 311];
24	(b) <u>Chir</u>	copractor[Chiropractors] licensed under KRS Chapter 312;
25	(c) <u>Dent</u>	tist[Dentists] licensed under KRS Chapter 313;
26	(d) <u>Faci</u>	lity or service required to be licensed under to KRS Chapter
27	<u> 2161</u>	<u>3[Optometrists licensed under KRS Chapter 320];</u>

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1	(e)	Home medical equipment and services provider licensed under KRS
2		<u>Chapter 309</u> [Physician assistants regulated under KRS Chapter 311];
3	(f)	Optometrist licensed under KRS Chapter 320; [Advanced practice registered
4		nurses licensed under KRS Chapter 314; and]
5	(g)	Pharmacist licensed under KRS Chapter 315;
6	<u>(h)</u>	Physician, osteopath, or podiatrist licensed under KRS Chapter 311;
7	<u>(i)</u>	Physician assistant regulated under KRS Chapter 311; and
8	<u>(j)</u>	Other health care practitioners as determined by the department by
9		administrative regulations promulgated under KRS Chapter 13A;
10	(24) (a)	"Health care service" means health care procedures, treatments, or services
11		rendered by a provider within the scope of practice for which the provider is
12		licensed.
13	<u>(b)</u>	Health care service includes the provision of prescription drugs, as defined
14		in KRS 315.010, and home medical equipment, as defined in KRS 309.402;
15	(25) "He	alth facility" or "facility" has the same meaning as in KRS 216B.015;
16	<u>(26)</u> [(24)]	(a) "High-cost condition," pursuant to the Kentucky Guaranteed Acceptance
17		Program, means a covered condition in an individual policy as listed in
18		paragraph (c) of this subsection or as added by the commissioner in
19		accordance with KRS 304.17A-280, but only to the extent that the condition
20		exceeds the numerical score or rating established pursuant to uniform
21		underwriting standards prescribed by the commissioner under paragraph (b) of
22		this subsection that account for the severity of the condition and the cost
23		associated with treating that condition.
24	(b)	The commissioner by administrative regulation shall establish uniform
25		underwriting standards and a score or rating above which a condition is
26		considered to be high-cost by using:
27		1. Codes in the most recent version of the "International Classification of

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Diseases" that correspond to the medical conditions in paragraph (c) of

2		this subsection and the costs for administering treatment for the
3		conditions represented by those codes; and
4		2. The most recent version of the questionnaire incorporated in a national
5		underwriting guide generally accepted in the insurance industry as
6		designated by the commissioner, the scoring scale for which shall be
7		established by the commissioner.
8	(c)	The diagnosed medical conditions are: acquired immune deficiency syndrome
9		(AIDS), angina pectoris, ascites, chemical dependency cirrhosis of the liver,
10		coronary insufficiency, coronary occlusion, cystic fibrosis, Friedreich's ataxia,
11		hemophilia, Hodgkin's disease, Huntington chorea, juvenile diabetes,
12		leukemia, metastatic cancer, motor or sensory aphasia, multiple sclerosis,
13		muscular dystrophy, myasthenia gravis, myotonia, open heart surgery,
14		Parkinson's disease, polycystic kidney, psychotic disorders, quadriplegia,
15		stroke, syringomyelia, [and] Wilson's disease, and amyotrophic lateral
16		<u>sclerosis</u> ;
17	<u>(27)</u> [(25)]	"Index rate" means, for each class of business as to a rating period, the
18	arith	metic average of the applicable base premium rate and the corresponding
19	highe	est premium rate;
20	<u>(28)</u> [(26)]	"Individual market" means the market for the health insurance coverage
21	offer	ed to individuals other than in connection with a group health plan. The
22	indiv	idual market includes an association plan that is not employer related, issued to
23	indiv	iduals on an individually underwritten basis, other than an employer-organized
24	assoc	ciation or a bona fide association, that has been organized and is maintained in
25	good	faith for purposes other than obtaining insurance for its members and that has
26	a con	astitution and bylaws;
27	<u>(29)</u> [(27)]	"Insurer" means any insurance company; health maintenance organization;

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1	self-insurer or multiple employer welfare arrangement not exempt from state
2	regulation by ERISA; provider-sponsored integrated health delivery network; self-
3	insured employer-organized association, or nonprofit hospital, medical-surgical,
4	dental, or health service corporation authorized to transact health insurance business
5	in Kentucky;
6	(30)[(28)] "Insurer-controlled" means that the commissioner has found, in an
7	administrative hearing called specifically for that purpose, that an insurer has or had
8	a substantial involvement in the organization or day-to-day operation of the entity
9	for the principal purpose of creating a device, arrangement, or scheme by which the
10	insurer segments employer groups according to their actual or anticipated health
11	status or actual or projected health insurance premiums;
12	(31)[(29)] "Kentucky Access" has the meaning provided in KRS 304.17B-001[(17)];
13	(32)[(30)] "Large group" means:
14	(a) An employer with fifty-one (51) or more employees;
15	(b) An affiliated group with fifty-one (51) or more eligible members; or
16	(c) An employer-organized association that is a bona fide association as defined
17	in [subsection (5) of] this section;
18	(33)[(31)] "Managed care" means systems or techniques generally used by third-party
19	payors or their agents to affect access to and control payment for health care
20	services and that integrate the financing and delivery of appropriate health care
21	services to covered persons by arrangements with participating providers who are
22	selected to participate on the basis of explicit standards for furnishing a
23	comprehensive set of health care services and financial incentives for covered
24	persons using the participating providers and procedures provided for in the plan;
25	(34)[(32)] "Market segment" means the portion of the market covering one (1) of the
26	following:
27	(a) Individual;

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1	(b) Small group;
2	(c) Large group; or
3	(d) Association;
4	(35) "Medically necessary health care services" means health care services that a
5	prudent provider would render to a patient for the purpose of preventing,
6	diagnosing, or treating an illness, injury, disease, or its symptoms in a manner
7	that is:
8	(a) In accordance with generally accepted standards of medical practice;
9	(b) Clinically appropriate in terms of type, frequency, extent, and duration; and
10	(c) In no part for the economic benefit of the insurer or private review agent, as
11	defined in Section 7 of this Act, or for the convenience of the covered
12	person or provider;
13	(36)[(33)] "Participant" means any employee or former employee of an employer, or any
14	member or former member of an employee organization, who is or may become
15	eligible to receive a benefit of any type from an employee benefit plan which covers
16	employees of the employer or members of the organization, or whose beneficiaries
17	may be eligible to receive any benefit as established in Section 3(7) of ERISA;
18	(37)[(34)] "Preventive services" means medical services for the early detection of disease
19	that are associated with substantial reduction in morbidity and mortality;
20	(38)[(35)] "Provider network" means an affiliated group of varied health care providers
21	that is established to provide a continuum of health care services to individuals;
22	(39)[(36)] "Provider-sponsored integrated health delivery network" means any provider-
23	sponsored integrated health delivery network created and qualified under KRS
24	304.17A-300 and KRS 304.17A-310;
25	(40)[(37)] "Purchaser" means an individual, organization, employer, association, or the
26	Commonwealth that makes health benefit purchasing decisions on behalf of a group
27	of individuals:

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1	<u>(41)[(38)]</u>	"Rating period" means the calendar period for which premium rates are in
2	effec	t. A rating period shall not be required to be a calendar year;
3	<u>(42)[(39)]</u>	"Restricted provider network" means a health benefit plan that conditions the
4	paym	nent of benefits, in whole or in part, on the use of the providers that have
5	enter	red into a contractual arrangement with the insurer to provide health care
6	servi	ces to covered individuals;
7	<u>(43)</u> [(40)]	"Self-insured plan" means a group health insurance plan in which the
8	spon	soring organization assumes the financial risk of paying for covered services
9	prov	ided to its enrollees;
10	<u>(44)</u> [(41)]	"Small employer" means, in connection with a group health plan with respect
11	to a	calendar year and a plan year, an employer who employed an average of at least
12	two	(2) but not more than fifty (50) employees on business days during the
13	prece	eding calendar year and who employs at least two (2) employees on the first day
14	of the	e plan year;
15	<u>(45)</u> [(42)]	"Small group" means:
16	(a)	A small employer with two (2) to fifty (50) employees; or
17	(b)	An affiliated group or association with two (2) to fifty (50) eligible members;
18	<u>(46)</u> [(43)]	"Standard benefit plan" means the plan identified in KRS 304.17A-250; and
19	<u>(47)</u> [(44)]	"Telehealth":
20	(a)	Means the delivery of health care-related services by a health care provider
21		who is licensed in Kentucky to a patient or client through a face-to-face
22		encounter with access to real-time interactive audio and video technology or
23		store and forward services that are provided via asynchronous technologies as
24		the standard practice of care where images are sent to a specialist for
25		evaluation. The requirement for a face-to-face encounter shall be satisfied
26		with the use of asynchronous telecommunications technologies in which the
27		health care provider has access to the patient's or client's medical history prior

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- 1 to the telehealth encounter;
- 2 (b) Shall not include the delivery of services through electronic mail, text chat, 3 facsimile, or standard audio-only telephone call; and
- 4 (c) Shall be delivered over a secure communications connection that complies with the federal Health Insurance Portability and Accountability Act of 1996, 42 U.S.C. secs. 1320d to 1320d-9.
- 7 → Section 6. KRS 304.17A-580 is amended to read as follows:
- 8 (1) An insurer offering health benefit plans shall educate its insureds about the 9 availability, location, and appropriate use of emergency and other medical services, 10 cost-sharing provisions for emergency services, and the availability of care outside 11 an emergency department.
- 12 (2) An insurer offering health benefit plans shall cover emergency medical conditions 13 and shall pay for emergency department screening and stabilization services both in-14 network and out-of-network without prior authorization for conditions that 15 reasonably appear to a prudent layperson to constitute an emergency medical 16 condition based on the patient's presenting symptoms and condition. An insurer 17 shall be prohibited from denying the emergency department [room] services and altering the level of coverage or cost-sharing requirements for any condition or 18 19 conditions that constitute an emergency medical condition as defined in KRS 20 304.17A-500.
- 21 (3) Emergency department personnel shall contact a patient's primary care provider or 22 insurer, as appropriate, [as quickly as possible] to discuss follow-up and 23 poststabilization care and promote continuity of care.
- 24 (4) Nothing in this section shall apply to accident-only, specified disease, hospital indemnity, Medicare supplement, long-term care, disability income, or other limited-benefit health insurance policies.
- → Section 7. KRS 304.17A-600 is amended to read as follows:

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1.	As used	in	KRS	304	17A-	-600	to '	304	17A	-63	3	•
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- 2 "Adverse determination" means a determination by an insurer or its designee (1) (a) 3 that the health care services furnished or proposed to be furnished to a covered 4 person are:
 - 1. Not medically necessary, as determined by the insurer, or its designee or experimental or investigational, as determined by the insurer, or its designee; and
 - 2. Benefit coverage is therefore denied, reduced, or terminated.
- 9 "Adverse determination" does not mean a determination by an insurer or its (b) 10 designee that the health care services furnished or proposed to be furnished to 11 a covered person are specifically limited or excluded in the covered person's 12 health benefit plan;
- 13 "Authorized person" means a parent, guardian, or other person authorized to act on (2) 14 behalf of a covered person with respect to health care decisions;
- 15 (3) "Concurrent review" means utilization review conducted during a covered person's 16 course of treatment or hospital stay;
- 17 "Covered person" means a person covered under a health benefit plan; (4)
- 18 (5) "External review" means a review that is conducted by an independent review entity 19 which meets specified criteria as established in KRS 304.17A-623, 304.17A-625, 20 and 304.17A-627;
- 21 (6) "Health benefit plan" has the same meaning as in Section 5 of this Act, except 22 that means the document evidencing and setting forth the terms and conditions of 23 coverage of any hospital or medical expense policy or certificate; nonprofit hospital, 24 medical-surgical, and health service corporation contract or certificate; provider 25 sponsored integrated health delivery network policy or certificate; a self-insured policy or certificate or a policy or certificate provided by a multiple employer 26 27 welfare arrangement, to the extent permitted by ERISA; health maintenance

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(7)

(8)

organization contract; or any health benefit plan that affects the rights of a Kentucky
insured and bears a reasonable relation to Kentucky, whether delivered or issued for
delivery in Kentucky, and does not include policies covering only accident, credit,
dental, disability income, fixed indemnity medical expense reimbursement policy,
long term care, Medicare supplement, specified disease, vision care, coverage
issued as a supplement to liability insurance, insurance arising out of a workers'
compensation or similar law, automobile medical payment insurance, insurance
under which benefits are payable with or without regard to fault and that is
statutorily required to be contained in any liability insurance policy or equivalent
self insurance, student health insurance offered by a Kentucky-licensed insurer
under written contract with a university or college whose students it proposes to
insure, medical expense reimbursement policies specifically designed to fill gaps in
primary coverage, coinsurance, or deductibles and provided under a separate policy,
certificate, or contract, or coverage supplemental to the coverage provided under
Chapter 55 of Title 10, United States Code; or limited health service benefit plans;
and] for purposes of KRS 304.17A-600 to 304.17A-633 the term includes short-
term coverage policies;
"Independent review entity" means an individual or organization certified by the
department to perform external reviews under KRS 304.17A-623, 304.17A-625,
and 304.17A-627;
"Insurer" means any of the following entities authorized to issue health benefit plans
as defined in subsection (6) of this section: an insurance company, health
maintenance organization; self-insurer or multiple employer welfare arrangement
not exempt from state regulation by ERISA; provider-sponsored integrated health
delivery network; self-insured employer-organized association; nonprofit hospital,
medical-surgical, or health service corporation; or any other entity authorized to
transact health insurance business in Kentucky;

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1	(9)	"Internal appeals process" means a formal process, as set forth in KRS 304.17A-
2		617, established and maintained by the insurer, its designee, or agent whereby the
3		covered person, an authorized person, or a provider may contest an adverse
4		determination rendered by the insurer, its designee, or private review agent;
5	(10)	"Nationally recognized accreditation organization" means a private nonprofit entity
6		that sets national utilization review and internal appeal standards and conducts
7		review of insurers, agents, or independent review entities for the purpose of
8		accreditation or certification. Nationally recognized accreditation organizations
9		shall include the Accreditation Association for Ambulatory Health Care (AAAHC),
10		the National Committee for Quality Assurance (NCQA), the American
11		Accreditation Health Care Commission (URAC), the Joint Commission, or any
12		other organization identified by the department;
13	(11)	"Private review agent" or "agent" means a person or entity performing utilization
14		review that is either affiliated with, under contract with, or acting on behalf of any
15		insurer or other person providing or administering health benefits to citizens of this
16		Commonwealth. "Private review agent" or "agent" does not include an independent
17		review entity which performs external review of adverse determinations;
18	(12)	"Prospective review" means \underline{a} utilization review that is conducted prior to \underline{the}
19		provision of health care services.[a hospital admission or a course of treatment]
20		"Prospective review" also includes any insurer's or agent's requirement that a
21		covered person or provider notify the insurer or agent prior to providing a health
22		care service, including but not limited to prior authorization, step therapy,
23		preadmission review, pretreatment review, utilization, and case management;
24	(13)	["Provider" shall have the same meaning as set forth in KRS 304.17A-005;
25	(14)	-]"Qualified personnel" means licensed physician, registered nurse, licensed practical
26		nurse, medical records technician, or other licensed medical personnel who through
27		training and experience shall render consistent decisions based on the review

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1	criteria;
2	(14)[(15)] "Registration" means an authorization issued by the department to an insurer
3	or a private review agent to conduct utilization review;
4	(15)[(16)] "Retrospective review" means utilization review that is conducted after health
5	care services have been provided to a covered person. "Retrospective review" does
6	not include the review of a claim that is limited to an evaluation of reimbursement
7	levels, or adjudication of payment;
8	(16) [(17)] (a) "Urgent <u>health</u> care <u>services</u> " means health care or treatment with
9	respect to which the application of the time periods for making nonurgent
10	determination:
11	1. Could seriously jeopardize the life or health of the covered person or the
12	ability of the covered person to regain maximum function; or
13	2. In the opinion of a physician with knowledge of the covered person's
14	medical condition, would subject the covered person to severe pain that
15	cannot be adequately managed without the care or treatment that is the
16	subject of the utilization review.[; and]
17	(b) ["]Urgent <u>health</u> care <u>services include</u> [" shall include] all requests for
18	hospitalization, [and] outpatient surgery, and life-supporting or life-
19	sustaining devices.
20	(c) For the purposes of this subsection, "life-supporting or life-sustaining
21	devices" means devices that are essential to, or that yield information that is
22	essential to, the restoration or continuation of a bodily function important
23	to the continuation of human life;
24	(17)[(18)] "Utilization review" means a review of the medical necessity and
25	appropriateness of hospital resources and medical services given or proposed to be
26	given to a covered person for purposes of determining the availability of payment.
27	Areas of review include concurrent, prospective, and retrospective review; and

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1	<u>(18)</u>	[(19)] "Utilization review plan" means a description of the procedures governing
2		utilization review activities performed by an insurer or a private review agent.
3		→ Section 8. KRS 304.17A-603 is amended to read as follows:
4	<u>(1)</u>	KRS 304.17A-600 to 304.17A-633 shall apply to any insurer that covers citizens of
5		the Commonwealth under a health benefit plan.
6	<u>(2)</u>	An insurer shall maintain written procedures for:
7		(a)[(1)] Determining whether a requested service, treatment, drug, or device is
8		covered under the terms of a covered person's health benefit plan;
9		(\underline{b}) [(2)] Making utilization review determinations; and
10		$\underline{(c)}$ [(3)] Notifying covered persons, authorized persons, and providers acting on
11		behalf of covered persons of its determinations.
12	<u>(3)</u>	An insurer shall make the written procedures required by this section readily
13		accessible on its Web site to covered persons, authorized persons, and providers.
14	<u>(4)</u>	(a) If an insurer requires preauthorization to be obtained for a service to be
15		covered, the insurer shall maintain information on its publicly accessible
16		Web site about the list of services and codes for which preauthorization is
17		required. The Web site shall indicate, for each service required to be
18		preauthorized:
19		1. The history of when preauthorization was required, including the
20		effective date or dates;
21		2. The date the requirement was listed on the insurer's Web site; and
22		3. Where applicable, the date that preauthorization was removed.
23		(b) An insurer shall maintain a complete list of services for which
24		preauthorization is required, including for all services where
25		preauthorization is performed by an entity under contract with the insurer.
26		(c) An insurer shall not deny a claim for failure to obtain preauthorization if
2.7		the preauthorization requirement was not in effect on the date of service on

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1		<u>the claim.</u>
2	<u>(5)</u>	Except as otherwise provided in this subtitle, neither prior authorization nor
3		notification shall be required for births or the inception of neonatal intensive
4		care services.
5	<u>(6)</u>	Unless otherwise specified by the provider's contract, an insurer shall not deem
6		as incidental or deny supplies that are routinely used as part of a procedure
7		when:
8		(a) An associated procedure has been preauthorized; or
9		(b) Preauthorization for the procedure is not required.
10		→ Section 9. KRS 304.17A-607 is amended to read as follows:
11	(1)	An insurer or private review agent shall not provide or perform utilization reviews
12		without being registered with the department. A registered insurer or private review
13		agent shall:
14		(a) Have available the services of sufficient numbers of registered nurses, medical
15		records technicians, or similarly qualified persons supported by licensed
16		physicians with access to consultation with other appropriate physicians to
17		carry out its utilization review activities;
18		(b) Ensure that, for any contract entered into on or after the effective date of
19		this Act for the provision of utilization review services, only licensed
20		physicians, who are of the same specialty and subspecialty, when possible,
21		as the ordering provider, shall:
22		1. Make a utilization review decision to deny, reduce, limit, or terminate a
23		health care benefit or to deny, or reduce payment for a health care
24		service because that service is not medically necessary, experimental, or
25		investigational except in the case of a health care service rendered by a
26		chiropractor or optometrist where the denial shall be made respectively
27		by a chiropractor or optometrist duly licensed in Kentucky; and

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1		2. Supervise qualified personnel conducting case reviews;
2 (0	c)	Have available the services of sufficient numbers of practicing physicians in
3		appropriate specialty areas to assure the adequate review of medical and
4		surgical specialty and subspecialty cases;
5 (0	d)	Not disclose or publish individual medical records or any other confidential
6		medical information in the performance of utilization review activities except
7		as provided in the Health Insurance Portability and Accountability Act,
8		Subtitle F, secs. 261 to 264 and 45 C.F.R. secs. 160 to 164 and other
9		applicable laws and administrative regulations;
10 (6	e)	Provide a toll free telephone line for covered persons, authorized persons, and
11		providers to contact the insurer or private review agent and be accessible to
12		covered persons, authorized persons, and providers for forty (40) hours a week
13		during normal business hours in this state;
14 (f	f)	Where an insurer, its agent, or private review agent provides or performs
15		utilization review, be available to conduct utilization review during normal
16		business hours and extended hours in this state on Monday and Friday through
17		6:00 p.m., including federal holidays;
18 (§	g)	Provide decisions to covered persons, authorized persons, and all providers on
19		appeals of adverse determinations and coverage denials of the insurer or
20		private review agent, in accordance with this section and administrative
21		regulations promulgated in accordance with KRS 304.17A-609;
22 (ł	h)	Except for retrospective review of an emergency admission where the covered
23		person remains hospitalized at the time the review request is made, which
24		shall be considered a concurrent review, or as otherwise provided in this
25		subtitle, provide a utilization review decision [relating to urgent and
26		nonurgent care]in accordance with the timeframes in paragraph (i) of this

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subsection and 29 C.F.R. Part 2560, including [the timeframes and] written

1		notice of the decision[. A written notice in electronic format, including e mail
2		or facsimile, may suffice for this purpose where the covered person,
3		authorized person, or provider has agreed in advance in writing to receive
4		such notices electronically and shall include the required elements of
5		subsection (j) of this section];
6	(i)	1. Render a utilization review decision concerning urgent health care
7		services, and notify the covered person, authorized person, or provider
8		of that decision no later than twenty-four (24) hours after obtaining
9		all necessary information to make the utilization review decision; and
10		2. If the insurer or agent requires a utilization review decision of
11		nonurgent health care services, render a utilization review decision
12		and notify the covered person, authorized person, or provider of the
13		decision within seventy-two (72) hours of obtaining all necessary
14		information to make the utilization review decision.
15		For purposes of this paragraph, "necessary information" is limited to:
16		a. The results of any face-to-face clinical evaluation;
17		b. Any second opinion that may be required; and
18		c. Any other information determined by the department to be
19		necessary to making a utilization review determination[Provide a
20		utilization review decision within twenty-four (24) hours of receipt
21		of a request for review of a covered person's continued hospital
22		stay and prior to the time when a previous authorization for
23		hospital care will expire];
24	(j)	Provide written notice of review decisions to the covered person, authorized
25		person, and providers. The written notice may be provided in an electronic
26		format, including e-mail or facsimile, if the covered person, authorized
27		person, or provider has agreed in advance in writing to receive the notices

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1		electronically. An insurer or agent that denies step therapy, as defined in
2		KRS 304.17A-163, overrides or denies coverage or reduces payment for a
3		treatment, procedure, drug that requires prior approval, or device shall include
4		in the written notice:
5		1. A statement of the specific medical and scientific reasons for denial or
6		reduction of payment or identifying that provision of the schedule of
7		benefits or exclusions that demonstrates that coverage is not available;
8		2. The [state of licensure,]medical license number, and the title of the
9		reviewer making the decision;
10		3. Except for retrospective review, a description of alternative benefits,
11		services, or supplies covered by the health benefit plan, if any; and
12		4. Instructions for initiating or complying with the insurer's internal appeal
13		procedure, as set forth in KRS 304.17A-617, stating, at a minimum,
14		whether the appeal shall be in writing, and any specific filing
15		procedures, including any applicable time limitations or schedules, and
16		the position and phone number of a contact person who can provide
17		additional information;
18	(k)	Afford participating physicians an opportunity to review and comment on all
19		medical and surgical and emergency room protocols, respectively, of the
20		insurer and afford other participating providers an opportunity to review and
21		comment on all of the insurer's protocols that are within the provider's legally
22		authorized scope of practice; and
23	(1)	Comply with its own policies and procedures on file with the department or, if
24		accredited or certified by a nationally recognized accrediting entity, comply
25		with the utilization review standards of that accrediting entity where they are
26		comparable and do not conflict with state law.

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(2) The insurer's or private review agent's failure to make a determination and provide

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written notice within the time frames set forth in this section shall be deemed to be
a prior authorization for the health care services or benefits subject to the
<u>review</u> [an adverse determination by the insurer for the purpose of initiating an
internal appeal as set forth in KRS 304.17A-617]. This provision shall not apply
where the failure to make the determination or provide the notice results from
circumstances which are documented to be beyond the insurer's control.

- (3) An insurer or private review agent shall submit a copy of any changes to its utilization review policies or procedures to the department. No change to policies and procedures shall be effective or used until after it has been filed with and approved by the commissioner.
- 11 (4) A private review agent shall provide to the department the names of the entities for 12 which the private review agent is performing utilization review in this state. Notice 13 shall be provided within thirty (30) days of any change.
- → Section 10. KRS 304.17A-430 is amended to read as follows:

- 15 (1) A health benefit plan shall be considered a program plan and is eligible for 16 inclusion in calculating assessments and refunds under the program risk adjustment 17 process if it meets all of the following criteria:
 - (a) The health benefit plan was purchased by an individual to provide benefits for only one (1) or more of the following: the individual, the individual's spouse, or the individual's children. Health insurance coverage provided to an individual in the group market or otherwise in connection with a group health plan does not satisfy this criteria even if the individual, or the individual's spouse or parent, pays some or all of the cost of the coverage unless the coverage is offered in connection with a group health plan that has fewer than two (2) participants as current employees on the first day of the plan year;
 - (b) An individual entitled to benefits under the health benefit plan has been diagnosed with a high-cost condition on or before the effective date of the

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1			individual's coverage for coverage issued on a guarantee-issue basis after July
2			15, 1995;
3		(c)	The health benefit plan imposes the maximum pre-existing condition
4			exclusion permitted under KRS 304.17A-200;
5		(d)	The individual purchasing the health benefit plan is not eligible for or covered
6			by other coverage; and
7		(e)	The individual is not a state employee eligible for or covered by the state
8			employee health insurance plan under KRS Chapter 18A.
9	(2)	Not	withstanding the provisions of subsection (1) of this section, if the total claims
10		paid	for the high-cost condition under a program plan for any three (3) consecutive
11		year	s are less than the premiums paid under the program plan for those three (3)
12		cons	secutive years, then the following shall occur:
13		(a)	The policy shall not be considered to be a program plan thereafter until the
14			first renewal of the policy after there are three (3) consecutive years in which
15			the total claims paid under the policy have exceeded the total premiums paid
16			for the policy and at the time of the renewal the policy also qualifies under
17			subsection (1) as a program plan; and
18		(b)	Within the last six (6) months of the third year, the insurer shall provide each
19			person entitled to benefits under the policy who has a high-cost condition with
20			a written notice of insurability. The notice shall state that the recipient may be
21			able to purchase a health benefit plan other than a program plan and shall also
22			state that neither the notice nor the individual's actions to purchase a health
23			benefit plan other than a program plan shall affect the individual's eligibility
24			for plan coverage. The notice shall be valid for six (6) months.
25	(3)	(a)	There is established within the guaranteed acceptance program the alternative
26			underwriting mechanism that a participating insurer may elect to use. An
27			insurer that elects this mechanism shall use the underwriting criteria that the

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insurer has used for the past twelve (12) months for purposes of the program
plan requirement in paragraph (b) of subsection (1) of this section for high-
risk individuals rather than using the criteria established in KRS 304.17A-
005 [(24)] and 304.17A-280 for high-cost conditions.

- (b) An insurer that elects to use the alternative underwriting mechanism shall make written application to the commissioner. Before the insurer may implement the mechanism, the insurer shall obtain approval of the commissioner. Annually thereafter, the insurer shall obtain the commissioner's approval of the underwriting criteria of the insurer before the insurer may continue to use the alternative underwriting mechanism.
- → Section 11. This Act takes effect January 1, 2020.

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